



# Sample Inpatient Treatment Centre Menu

At Renascent, we believe nutrition is an important part of a person's recovery. We provide all inpatient clients with regular, delicious, and nutritious meals and snacks throughout their stay. Our cooks are happy to accommodate dietary requirements.

A continental breakfast is served on weekdays, and a hot breakfast is served on weekends.

SUN

L: Roast Beef Sub, Roasted Sweet Potato, & Coleslaw

D: Chicken Teriyaki, Stir-Fry, & Rice

MON

L: Chicken Quesadilla, Corn Chowder, Sour cream, & Salsa

D: Beef Stew, Mashed Potatoes, & Puff Pastry Roll

TUES

L: Monte Cristo, Roasted Potato, & Coleslaw

D: Chicken Parmesan, Vegetable, Pasta & Garlic Bread

WED

L: Beef Burger, Coleslaw, Roasted Potato

D: Pork Loin, Vegetables, Mashed Potatoes, & Apple Sauce

THUR

L: Chicken Burger, Caesar Salad, & Fruit Salad

D: Baked Salmon, Vegetables, & Rice

FRI

L: Chicken Pie, Mashed Potatoes, & Puff Pastry Roll

D: Chicken Leg, Vegetables & Rice

SAT

L: Grilled Cheese with Bacon, Tomato Soup, & Fruit

D: Roasted Pork Shoulder, Corn Bread, & Sweet Mashed Potato



Learn more: [renascent.ca](https://renascent.ca)