



Renascent's Holistic Approach

Our abstinence-based model integrates 12-step facilitation with other evidence-based clinical and medical standards of care. By addressing the chronic nature of substance use disorders while also recognizing how addiction impacts families, children, loved ones, workplaces, and communities, our holistic approach means we're here for life.



Inpatient Addiction Treatment

We offer comprehensive person-centred addiction treatment programs in safe, caring home-like treatment centres in Toronto and Durham. Our intensive inpatient treatment program provides around-the-clock counselling and support from our team of registered psychotherapists and certified addiction specialists, all of whom have lived experience of addiction and long-term recovery.



Outpatient Addiction Treatment

As part of our response to COVID-19, our new, virtual outpatient rehab program allows us to provide essential addiction treatment and support while keeping our clients, staff, and community safe. Over six weeks, our outpatient services provide support, safety, and structure alongside flexibility to those who are unable to take time away from their regular lives, work, or school.



Continuing Care

Any significant life change takes time and practice, and recovery from addiction is no different. Our Continuing Care program provides 20 weeks of ongoing support to help you protect your recovery during the critical first few months after intensive addiction treatment, as you begin to apply the tools you learned in treatment to your daily life.



Essential Family Care Programs

A person with a substance addiction can be a heart-breaking puzzle for those who love them. Loved ones are left feeling confused, anxious, desperate and alone. That's why Renascent offers extensive family programs to help adults and children cope with the effects of someone else's addiction.



Corporate Complete Care

Renascent's Corporate Complete Care Solutions team is available to support employees and employers throughout the recovery process, ensuring everyone is on the same page, which offers advantages for both the employee and the employer.

Counselling

All of our programs, including our Essential Family Care Programs, involve a combination of group and individual counselling and peer support sessions.

Clients can also book one-on-one sessions with our counsellors anytime, whether you are in program or not.

Alumni Programs

Renascent and its alumni are committed to creating a community for recovery: a safe social, educational, and spiritual network, which facilitates a lifetime of recovery. Renascent alumni workshops, social events and our weekly recovery newsletter, TGIF , offer alumni year-round opportunities to learn, grow, and make friends in recovery.

We're here for life.



**Ready to
learn more?**

Call us: 1-866-232-1212

Email us: info@renascent.ca

Visit renascent.ca



Renascent® | **50 YEARS**
The road to recovery starts here. 1970-2020