



Are you a parent in recovery?

Renascent's **Parenting in Recovery** program teaches effective and practical parenting tools to help you and your family recover together. You'll learn how to improve your family's communication, how to help your children understand addiction in an age-appropriate way, and how to boost protective factors in both your own and your children's lives.

2020 Dates: May 23 – 24 and September 12 – 13



Renascent[®]
The road to recovery starts here.

50 YEARS
1970-2020

Open to all regardless of Renascent affiliation. This free program includes snacks and intensive programming including group and individual counselling with our team of addiction experts, and a continuing support group.

For information, contact Heather Amisson:
hamisson@renascent.ca or 416-927-1202 ext. 4002

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