



# **Renascent**

Annual Report 2014–2015

**Changing the  
Conversation  
about Addiction  
and Recovery  
in Canada**



Anne and Evelyn  
were photographed at  
the Renascent Foundation's  
annual Guardian Angel  
luncheon at the Granite  
Club, hosted by Arlene and  
Stephen Waymire.





“When I walked in through the doors of Renascent, I was broken in every way—financially, emotionally and physically. I couldn’t have imagined my life, 10 years later, being so filled with joy and hope.

My journey could not have started without you—one of those generous donors who made a commitment to safeguard public access to the life-changing care that I received. Thank you for ensuring that I could find help when I needed it and that Renascent continues to be there for all the broken souls that seek the joy and hope that a life in recovery can offer.”

Anne Page  
Alumna, Graham Munro Centre, 2005







## Letter from CEO and President and Chair

With your support, we helped more than 1,200 men, women and children last year.

In the following pages, we've featured the recovery journey of a mother and son, Irene and Roger, as a way to show you a story behind the numbers—a story behind your support.

We thank Irene and Roger for showing us that recovery requires a community—from the family counsellor who helped Irene out of the rain to our dedicated team who guided them into recovery to the network of agencies who were part of the circle of care to the mighty 12-step community that is mobile in crisis and ever-present with its support. Finally, we thank our donors who safeguard public access for the majority who cannot afford to pay.

The story of Roger and Irene compels us to see addiction as a family disease—a common enemy that can be defeated only when we take personal responsibility for our recovery and self-care.

Like so many in recovery, the Roger and Irene you would meet today would be unrecognizable from the Roger and Irene you would have met five years ago. They have shared their story to help others toward a solution—to fuel hope and cultivate a new appreciation of addiction as a highly treatable disease.

Placing the needs of clients first is what Renascent is all about. We are keenly aware of the vulnerability of people as addiction takes them down. We hold sacred our commitment to Canadians to deliver high-quality, abstinence-based treatment by employing certified addiction counsellors with lived experience of addiction and recovery, and by earning full accreditation in August 2014. The unbiased third-party reviews by the Canadian Centre for Accreditation and the Canadian Addictions Counsellors Certification Federation are the stamps of approval that show we meet the highest standards of care.

Renascent is excited to play our role locally, provincially and nationally to help change the conversation about addiction, abstinence-based treatment and recovery. From portraying the ravages of addiction on stage with an all-recovery cast to taking part in the National Summit on Recovery to co-chairing the local planning for the addiction treatment system, we're committed to helping individuals, families and communities reach their potential.

We are so thankful to all of you for your support.

### **Dr. Patrick Smith**

Chief Executive Officer, Renascent



### **Mr. Rob Johnson**

President and Chair,  
Renascent Fellowship Board  
Renascent Foundation Board



Everything was going out the door to feed this drug addiction: laptops, the Wii, jewellery, everything.

His room was like a drug den.

We tried to clean it but the needles would just reappear all the time, and that smell that you can't get out of the house, and you have to watch him deteriorate in front of your eyes. It was so bad, and yet I had to still go to work.

I still had his younger brother to protect.

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# 2

## Recovery Journal for Roger and Irene

Irene had high hopes when her son Roger joined her in moving from Hawaii to Toronto, but the years that followed brought each of them to their lowest points.

Her life revolved around how she could help Roger with his problem, while balancing her full-time job with caring for her younger son. Only by stepping back and getting help for herself could she truly get Roger the help he needed.

The following is their story of recovery as told by Roger, Irene and the Renascent staff who have become a part of their journey. One thing is clear throughout the story—recovery is a journey. So often, it takes the combined effort of many to help not just one individual but the entire family.

### Key people in this family's story

<b>Roger</b> known in kindergarten as "Roger the Famous;" now a soft-spoken young man	<b>Irene</b> a mother of two with a firm grip and a strong Glasegian accent	<b>Heather</b> a family counsellor and Kevin's wife, the one who opened the door	<b>Tania</b> client care access manager, the one who answered the phone
<b>Kevin</b> house manager at Sullivan House and Heather's husband	<b>Mark</b> a relief counsellor who tried to do the impossible	<b>Glen</b> a counsellor at Sullivan House and Roger's admitting counsellor	<b>Mike</b> a counsellor at Sullivan House and a recovering American who still says "howse"

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1-866-232-1212

## Our Number by the Numbers

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**6,584**

number of calls answered by access and engagement team

**84%**

of calls answered within 20 seconds

**868**

number of outreach calls made to family members by family counsellors

**1,300**

number of assessments facilitated by access and engagement team

**25**

number of companies who referred employees.

**Irene** "In Hawaii, Roger was dabbling in drugs; nothing too serious. I thought I had a wayward teenager who had dropped out of high school."

**Roger** "I already had an opiate addiction in Hawaii. It was really bad, caused me to lose my job and took all my money. Once I was totally broken down there, I called my mum and she said I could come out here."

**Irene** "I brought him to Toronto with plans to get him back into school and give him a future. Best laid plans, right?"

**Roger** "It seemed like an escape, a chance to start fresh, so the plan was to get better."

**Irene** "When he arrived, it just spiralled so quickly. It's almost like a wildfire; by the time you see the smoke, you've already got a raging fire on your hands that you never saw coming."

**Roger** "I was doing decent for five or six months, got a job, and then sure enough, I was back to my old ways. I got back into coke and partying, and then it got worse and worse. It ended up being a thousand times worse than it ever was in Hawaii."

I lost my job and kept partying. I was having people over at Mum's, people I didn't even know, because I was still new to Canada; they were just party friends, trashing her condo."

**Irene** "I tried giving him some rules, but before long, it was as if we'd been taken hostage in our own home. When I'd get on the bus to go to work, there'd be a bunch of people at the bus stop who were just waiting for me to leave so they could go into my place."

**Roger** "Finally, she had enough and kicked me out."

**Irene** "I was a mess, I was in survival mode. I had another son's life to consider and protect. I changed the locks."

**Roger** "I had never been in a major city before so it was a big shock to me. It was already overwhelming coming here from an island, but when I realized I didn't have anywhere to go, I was in shock and bitter. I thought 'It's not my fault; it's everyone else's fault,' completely ignoring the damage I'd caused to my brother, the damage at my mum's house, all the chaos that I had caused. I was full of hate and spite."

**Irene** "Within days, I was on the street looking for him. It was November and it was snowing. I was trying to find him"





**The Seven Cs**

- 1 I did not Cause it
- 2 I can not Control it
- 3 I can not Cure it
- 4 But I can help take Care of myself  
by
- 5 Communicating feelings
- 6 Making healthy Choices  
and
- 7 Celebrating myself



The Seven Cs. With permission of the National Association for Children of Alcoholics (www.naca.org).



**Renascent**  
The road to recovery starts here.

**Know a kid who loves an alcoholic or drug addict?  
Give us four days and we'll help change the legacy of addiction in your family.  
Renascent's Children's Program: 1-866-232-1212 x3010  
[www.renascent.ca/family](http://www.renascent.ca/family)**



“Renascent and the Seven Cs poster have changed the way I manage my family practice. This poster has allowed clients to open up about personal addiction issues or those of a family member. I have seen the profound difference Renascent’s Children’s Program has made in the lives of kids and parents. And I don’t have to worry if clients can pay or not pay, as Renascent donors make sure that no one is denied access to care for lack of funds.”

Dr. Susan Brunt  
Balmoral Health Group



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## Clients We Served in 2014–15

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**30%**

were female

**65%**

lived outside  
of the GTA

**13%**

were age  
16 to 24

**55%**

have been  
diagnosed with  
a mental health  
problem within  
their lifetime

to give him some thermal clothes and things to keep him warm. I was out of my mind. I was down around Yonge and Wellesley just looking for him, and I thought 'Isabella Street.' I had read about Renascent, so the street name sounded familiar. I walked down Isabella and I saw the door and I rang the doorbell."

**Heather** "I was working a later shift on my own, and somebody rang the doorbell. There was this little Scottish woman, soaking wet, carrying luggage that was almost the size of her. She came in and told me what she was doing."

**Irene** "I burst out crying and I was helpless. Heather told me about the Family Program, but I was in such a state that all I could think was, 'We need to help Roger.' She said 'You need help too, Irene.'"

**Heather** "I just felt such compassion for her, and sadness. I also have a lot of addiction in my family, so I certainly get where she was coming from. I was trying to make that connection between Renascent and her; letting her know that we do have treatment and we do have family support, and that we're here for her and her son whenever they might need us. I gave her my card and told her to call me, and then she was off."

**Irene** "I went back out into the snow. When I look back today, I can see that Heather was throwing me a lifeline, but all I could think then was that I was fine and it was Roger who needed the lifeline. I didn't know anything about recovery and addiction. Heather was telling me, 'You need

help' even though I wasn't ready to listen, just like I was telling Roger, 'You need help' but he wasn't ready to listen."

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**Roger** "I was so lost, and I went to a shelter. That was where I first got exposed to needles. There were no rules in the shelter so kids were banging needles all over the place. I had always thought I'd never do that, but I was so overwhelmed, I got turned on to that and got hardcore into crystal meth, heroin, OxyContin, you name it. It was brutal."

**Irene** "You keep hearing, 'They're going to hit rock bottom' but it went from bad to worse. At some point, I let him come back home because I was just trying to keep him alive, but then it became that whole enabling situation again. He was using the house as a place to do drugs again, and they were really bad drugs, likes needles and all sorts. That summer, he was having hallucinations, and there'd be instances when I had to call the police and he'd disappear again."

**Roger** "On the streets, it was just craziness, mayhem. Psychosis all the time, from staying up for days on end, just doing so much drugs and the way I was doing them was just, I was completely, mentally, psychotic, crazy, not sane at all, and it just got worse and worse. That's pretty much how it was for a good two years there on the streets. It was just hell, craziness. I was so hardcore into drugs, needles every day, and a lot too."

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## Clients Served in 2014–15



**Irene** "I remember he was out on the street again and he called me. I tried to save him. I took him to the hospital. I got him committed because he wouldn't voluntarily go in, but he'd just sign himself back out. One time, we met up and he showed me his healing track marks and said, 'Look Mum, I'm clean, I promise, can I please come back home?' I agreed, but it just got worse. Everything was going out the door to feed this drug addiction: laptops, the Wii, jewellery, everything. His room was like a drug den. We tried to clean it but the needles would just reappear all the time, and that smell that you can't get out of the house, and you have to watch him deteriorate in front of your eyes. It was so bad, and yet I had to still go to work. Finally, I called the police again and had him committed again. I had to watch him get handcuffed, have his shoes taken off, everything. I begged. I begged the police, I begged the hospital, I begged everyone, 'Just please, don't let him sign himself out,' but the next day, he did."

**Roger** "In the shelters, you have to leave from 7 a.m. until 5 p.m., and I would just lay in bed if I didn't have drugs and just beg them to let me stay in, but they'd make me go out. That's the worst feeling when you don't have the drugs and you have to go out into the sunlight and the public; it's like the worst hangover times a hundred, and with depression."

**Irene** "Then Roger started getting into trouble with the police. I'd get calls asking me to come to court or bail him out. He wouldn't go to rehab, and so I didn't bail him out, and he had to go to jail. That was horrifying for me; for him too of course. But as a mum, it was the hardest

thing, but at least when he was in jail, I could say he was alive and wasn't on the street."

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**Irene** "I met him in a coffee shop downtown on New Year's Eve. I didn't think he was going to make it through the night. He was paranoid and hallucinating, so I took him to get something to eat and I called the mental health crisis line for help. I was hoping I could get him off the street, but I didn't know that there was a warrant out for his arrest. I thought the mental health people would come quietly and take him, but they came with fire trucks, police, everything, and did this takedown right on Yonge Street. He had locked himself in the bathroom, and when they got him out, he just looked at me and said, 'Mum, how could you do this to me?' You think you're doing this to protect him, to save his life. One more needle is going to kill him. And he looks at you while he's got the handcuffs on and is shuffling away. It's not like you take a break after that. I had to go to work, I had to pay the mortgage and I had another son depending on me. I couldn't fall apart. I worked at a front desk with people, so I'd run to the back, sobbing, and then have to go out and smile. One day, I remembered I had Heather's card, and I called her, bawling. I think I just had a breakdown. I couldn't talk. I was on the floor just sobbing. I had hit my rock bottom."

Visit [www.renascent.ca/roger&irene](http://www.renascent.ca/roger&irene) to continue reading about their journey.



The program is really special. All the members, they all look out for you.

It was a blessing in disguise to bring all these people into my life that way

- them not giving up on me. I gave

them a hard time, it was rough, but

thanks to this place and the program and

staying clean, life has become amazing.

It's awesome now. Life is very good.

The Canadian Centre on Substance Abuse (CCSA), alongside individuals and organizations from across Canada, including Renascent's CEO, Dr. Patrick Smith, held a first ever National Summit on Addiction Recovery in Ottawa on January 27-28, 2015. At it, a National Commitment to Recovery was signed.

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## Changing the Conversation About Addiction and Recovery

Provincially and regionally, Renascent has played an active role in working with mental health and addiction treatment providers to improve the experience of individuals and families accessing care. Renascent voices its support for abstinence-based treatment, the recognition of family members and kids as clients in their own right, and the engagement of people with lived experience in the process of making change. Dr. Patrick Smith, CEO, co-chairs Transforming Pathways to Addictions Care and serves on HealthLink's Health Council. Sullivan House Manager Kevin Amisson champions certification as a board member for the Canadian Addiction Counsellors Certification Federation. Dennis James, Director of Operations, demonstrates an ongoing commitment to agency accreditation by serving as a peer evaluator with the Canadian Centre for Accreditation.



“The Canadian Centre for Accreditation heartily congratulates Renascent Fellowship on achieving full accreditation. By choosing to go through CCA’s third-party process that reviewed its operations and services in comparison to widely accepted standards of best practice, Renascent demonstrated its accountability to the community and its commitment to providing the highest quality of programs and services.”

Barbara Wiktorowicz, MSW  
Executive Director, Canadian Centre for Accreditation



### **July 22, 2014**

More than \$200,000 was raised for the Renascent Foundation by 172 golfers. Thanks to our founding sponsors, Unifor Canada and Ford Motor Company of Canada, for ensuring our 20<sup>th</sup> anniversary fulfilled its mission to raise funds and awareness for workplace intervention.



### **August 1 to 4, 2014**

Renascent addictions counsellor Cynthia Langgill (left) joined forces with retired publisher Anne Millyard to raise funds for the Renascent Foundation through the inaugural annual 72-hour writing marathon hosted at our family health centre.

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“Renascent offers a phenomenal turnaround time in assessing employees and directing them to appropriate treatment programs, that deliver compliance reporting and a 15-week aftercare program. I would not hesitate to refer/recommend Renascent to other employers. Their counsellors are compassionate but firm in dealing with employees’ various addictions.”

R. R.  
Hydro One



**September 20, 2014**

Dr. Vera Tarman, Renascent’s Medical Director, was a keynote speaker at the nationwide grassroots celebration of recovery organized by Faces and Voices of Recovery Canada.



**October 19, 2014**

Eighteen walkers and runners, wearing “Recovery Rocks” shirts, helped the Renascent Foundation raise more than \$15,000 at the Scotiabank Toronto Waterfront Marathon.



## November 12, 2014

Renascant co-presented the Danish film *Blood Ties* as part of the Rendezvous with Madness Film Festival. Family Care Manager Sunil Boodhai served as a panellist for the film, which powerfully explores the dynamic of addiction in families.



## February 20, 2015

Séan McCann (second from left), a founder of Newfoundland's iconic band Great Big Sea, teamed up with Pamela Morgan (left) of Figgy Duff fame for An Evening to Inspire at the Glenn Gould Studio. The benefit concert raised more than \$100,000 in support of Renascant's Children's Program. Special thanks to our entertainment sponsor, Slight Family Foundation, for its leadership gift.



## May 4 to 8, 2015

6,500 grade 5 students from 135 schools in Durham had the opportunity to learn about the family disease of addiction through a highly engaging (and totally fun) lyra band activity. Thanks to volunteers from Durham College and our incredible counselling team, Renascant facilitated more than 160 eight-minute education sessions to groups of 20 students over the five-day program.





### May 9 to 23, 2015

More than 2,000 theatre goers were treated to an all-recovery remount of JP Miller's classic, *Days of Wine and Roses*, at Hart House Theatre. Director Jeff Peller notes, "As I've been telling anyone who will listen, there is a flip side to addiction. That flip side is recovery: We do get better. In fact, we get better than better. This production is all about smashing stigma using art." One hundred and forty-nine years of recovery were showcased by an equity cast during a 10-night run, which featured Q&A sessions after each performance. Renascent thanks the following agencies for providing expert hosts: Canadian Centre on Substance Abuse, Canadian Mental Health Association (National and Ontario), CAMH, CTV Sports, Faces and Voices of Recovery Canada, Nashville Predators, Pine River Institute and Ryerson University. This production also generated more than 700,000 connections through online, print and radio interactions.



### June 12, 2015

The Renascent Foundation celebrated its donors at its annual Granite Club luncheon hosted by Arlene and Stephen (second from left) Waymire. The Renascent Foundation and Linda Yielding (second from right) honoured Lucille Toth (back, holding award) for embodying the spirit of service that so many identified with the late Dr. Ed and Bobby Yielding. The Peter Armstrong Awards for Community Excellence recognized the following for their contributions to abstinence-based recovery in Canada: Len Blumenthal (accepted by Barb Kelly, front left), Séan McCann, Pamela Morgan, Joe Tilley (left) and Jeff Willbee (right, front row).



## July 9, 2015

Amy Usher (right), successfully defended her PhD thesis and was awarded her doctorate. The evaluation of Renascent's Children's Program was the subject of Dr. Usher's thesis, supervised by Dr. Kelly McShane. Ryerson University gains by mentoring students in community-engaged scholarship while Renascent gains evidence and insight on the impact of its Children's Program on children and parents. The addictions community also gains, as so little research exists in the area of addiction's impact on children.



## Coming Soon

Renascent's alumni community will realize a dream: The publication of a series of books based on Renascent's popular TGIF weekly recovery newsletters, emailed to more than 3,000 subscribers every Friday. Available through Amazon and iTunes, three collections of personal stories will be available in print and as e-books: *The 12 Steps*, *Growth and Change*, and *Pathways to Spirituality*.

“Over the past five years, we have collaborated with Renascent on a number of evaluations, including the Children’s Program and the Essential Family Care Program. The success of these evaluations rests in large part with the fact that Renascent is engaged throughout the process and is committed to service improvement.”

Dr. Kelly McShane  
Assistant Professor, Department of Psychology  
Ryerson University

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## Donor Giving 2014–15

\$25,000 and up	\$5,000 to \$9,999	\$1,000 to \$4,999	
<p>Anonymous The Bryan Adams Foundation Harrison McCain Foundation Mark McCain/McCain Foods Limited Slaight Family Foundation UNIFOR Canada Kathie &amp; Peter Viner Judy Wells Peter &amp; Jane Marrone/Yamana Gold Inc.</p>	<p>Anonymous Donors A &amp; M Green Foundation Elizabeth Abraham Amalgamated Transit Union Local 113 BloombergSen Inc. C.A. Delaney Capital Management Ltd. Caldwell Securities Ltd. Patrice Cote &amp; Anna Demasi/Cote Law Early Morning Productions James Flanigan The Foster Hewitt Foundation General Electric Canada Inc. George Weston Loblaw Companies Ltd Greenrock Investments Ltd IATSE Local 58 The Jemma Foundation Dennis James &amp; Penny Lawson Rob &amp; Nancy Johnson Séan McCann Mobile Business Communications Pamela Morgan Iris Riviere Scotiabank—The Bank of Nova Scotia Shoppers Drug Mart Elisabeth Strobach The Toskan Casale Foundation Aldo &amp; Linda Udovicic/Re/Max Crossroads Realty Inc., Brokerage</p>	<p>Ramona Alaggia Vincent Alaggia Anonymous Donors Millicent Bailey Ronald Bannerman Jalynn Bennett Michael Bolingbroke Doug Bourassa &amp; Nancy Dutra Tiana Boyman Brandes Investment Partners &amp; Co. Bridgehouse Asset Managers Christie Broad Canadian Bar Association Steven Cappon Brian Cates CI Investments Ana Clerque Anne Marie &amp; Tom Clune Rich Clune Andrew Cogliano Communications, Energy and Paper Workers Union Local 591G Mary Lou Cronan John &amp; Denise Currie David Duncan DIVORCEmate Software Inc. Patricia Elliott Ernst &amp; Young Extendicare Deborah Fedorchuk Fidelity Investments Canada Limited Roy Fisher Franklin Templeton Investments Corporation</p>	<p>David Galloway The George and Kay Goldlist Foundation A. B. Gerrard Diane Grandy Green Shield Canada Joan Gregory Ed &amp; Belle Harding Mary Hatch Alexander Honeyman IA Clarington Investment Inc. Industrial Alliance Institutional Equity Traders Association (of Toronto) Ironworkers Local 721 Richard Jatiouk JCJ Mechanical Inc. Lorraine Johnson Peter Kennedy Carmen &amp; Arny Kondrat KPMG Steve Kruspe Janice Kussner Last Writes Incorporated David &amp; Fran Laws Lear Corporation/Hqtrs Carole Leith Loblaws Inc. Jo Ellen Logan &amp; Michael Ziadeh Nancy MacKellar Mackenzie Financial Charitable Foundation Brian MacMillan Magna International Inc. Magna Seating Mississauga Seating Systems</p>
\$10,000 to \$24,999			
<p>Assante Capital Management Ltd/Kenneth Drabble The Catherine and Maxwell Meighen Foundation Chaitons LLP John Donald &amp; Linda Chiu Ford Motor Company of Canada Gluskin Sheff + Associates Inc. J.P. Bickell Foundation The Printing House Charitable Office Robin &amp; Patrick Mars Jeff Moody R. Howard Webster Foundation RBC Foundation Sandford &amp; Ida Shessel/HSM LLP Chartered Accountants Dr. Patrick Smith &amp; Peter Coleridge TEIBAS/I.B.E.W. Local 353 Welfare Plan Toronto Community Foundation— Schachter Family Fund Stephen &amp; Arlene Waymire Williams Wilson Sherport Foundation</p>			



## Safeguarding Public Access

80%

of residential clients had cost removed as a barrier

46%

of children and family clients had cost removed as a barrier

Deirdre Malone  
 Manulife Financial  
 John & Marlene Matheson  
 Norman Matthew  
 Patrick McGuinness  
 MCI Canada  
 John McMahan  
 Ruth McMulkin  
 George Mencke  
 Vincent Mercier  
 Susan Milne  
 Dr. Lorna Minz & Froukje Staal  
 Odilia Monaghan  
 Michael Moore  
 Jim & Melisa Mozer  
 Mills Mraz  
 Sol Nayman  
 News Canada  
 Roland Nicholls  
 The Norman & Margaret Jewison  
 Charitable Foundation  
 Tom O'Dowd  
 Eleanor Osler  
 Gene Palazzo  
 John Parkinson  
 Jeff & Lisa Peller  
 Nancy Pencer  
 John Pineo  
 Terry Pinfold  
 Gail Power  
 Susan Raphael  
 Anthony & Linda Rausch  
 Robert, Michel  
 Rheume Rochefort  
 Sari Sairenen  
 Robert Sawyers

Scott Sayers  
 Honey Sherman  
 South Channel Holdings Inc.  
 John Sweeney  
 George & Sandra Swoboda  
 Sydney & Florence  
 Cooper Foundation  
 Team Solutions  
 Lucille Toth  
 Paul Tuttle  
 UNIFOR Local 252  
 UNIFOR Local 4401  
 David & Charlotte Vowell  
 Doug & Wilma Wall  
 Bruce Warren  
 Jim Waters  
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 Linda Wells  
 William F. Hayball Charitable Foundation  
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 Stephen Dineley  
 David Donais & Melissa McCormack  
 John Donald  
 Robert Ferguson  
 Nima Fotovat  
 Tatjana Freger  
 Joanne Goodrich  
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 Halton Forming Ltd.  
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 Dana Kennedy  
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 Northwest & Ethical Investments L.P.  
 Ontario English Catholic  
 Teachers Association  
 Melissa Parker  
 Stephen Petsinis  
 Paul Philip  
 Quality Control Council of Canada  
 Recovery Counselling Services

Joanne Steel & Evan Kolaroff  
 Stephen Tar  
 Chris Taylor  
 Joe & Penny-Claire Tilley  
 Toronto Netralya Lions  
 Club (TNLC)  
 Transcontinental Printing Inc.  
 UNIFOR Local 112  
 UNIFOR Local 126  
 UNIFOR Local 1987  
 UNIFOR Local 468W  
 David & Roma Vickers  
 Robert Walker  
 Whitby Sports Hall Of Fame  
 John Whittall

## Program Achievements

Introduced variable length residential stays (21, 28, 35, 42 days)

Introduced psychological services

Decentralized Continuing Care (gender-specific and available at each house)

### \$100 to \$499

647773 Ontario Limited

Kenneth Albrecht

John Aman

Jordan Anderson

Meredith Andrew

Anthony Angelini

Anonymous Donors

Michelle Archer

Joan Arias

Joan Arthurs

Martin Avery

Chris Baker

Catherine Baldock

Tony Balestrieri

William Ball

Debbie Bang

Brent Barootes

Cathy Barrick

Barbara Barron

Stanley Barry

Judith Beer

James Beerley

Tobie Bekhor

Jennifer Bell

Marika Berzy

Christine Beverley

Randy Blyth

Geoff Bower

Bowmanville Hospital Foundation

Vince Brewerton

Gari-Ellen Brick

Harvey Britton

Vito Bruno

Marilyn Buehler

Kaitlin Burnham

C Butler

Steve Butler

Sarah Campbell

Giselle Campoli

William Carroll

Megan Casey

David Cassidy

Sandra Caswell

Siobhan Cavanaugh

Doris Chan

Richard Cherer

Susan Chewins

CIBC Asset Management Inc.

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Robert Cordingley

Robert Courchesne

Riitta Cronkright

Don Crowe

Robert Crysedale

Natalie Davis

Leslie Dias

Noel Dickie

Scott Doherty

Lori Donnelly

Michael Doody

Doug Duffy

Michael Duffy

Gary Edgar

Mary Elliott

Iris Etwaru

Jessie Ferrier

Jane Fitzgerald

Alida Flannery

Arthur Foster

John Garisto

Audrey Glanfield

William Glassman

Marsha Goldenberg

G. N. Goldman

Gilbert Goldstein

Jerry Grafstein

Carolyn Green

Christa Haanstra & Paul Lalonde

John Hardy

Scott Harman

William Harper

Andrew Harris

Mark Harris

John Hart

Daniela Hennebry

Thomas Hierlihy

Jason Hillier

William Hobbs

Stephen Holt

Mike Hopkins

Susan Houghton

Bruce Houser

Beverley Hubbard

Dean Hughes

Robyn Hutchens

Stuart & Sharon Isherwood

Freddie Jacobs

Rene Joergensen

OJ Jonasson

Lynda Jones-Moran

William Joy

David Keast

Woody Keough

Daniel Khan

John Kinsella

Joan Knight

Sophia Kolaroff

Edward Kooistra

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Brian Korb

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Jason LaBerge

Tara Laing

Dianne Lalonde

Grace Lanca

Michael Landry

Cynthia Langill

Clare Lehman

Reginald Lewis

Trevor Lewis

Elizabeth Ligingstone

Frank Lochan

Michael Lochran

Larry Logan

Wendy Long-Davies

Anthony Longo

Luces Medicine Professional

Heather Ludlow

Derek Lunn

Robert MacBain

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**Lifelong  
Commitment  
to Alumni**

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**52**

TGIF recovery  
ezines sent  
to more  
than 3,000  
subscribers

**72**

alumni  
meetings  
hosted in  
the houses

**12**

children's  
alumni meetings

**52**

family support  
meetings

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Paul Macdonald  
Gail MacKay  
Larry MacLean  
Pam Maguire  
Steve Majer  
Diana Mandzuk  
Melinda Mantle  
Julia Martin  
Nicole Masters  
John Mathers  
Kathleen Matsushita  
Sharon McArthur  
Wendy McCallum  
Dean McCarthy  
Jeff McCartney  
Irenee McConnell  
Barbara McDonald  
Lenora McGourty  
Catherine McGrady  
Sean McGrady  
Shann McGrail  
Charles McMulkin  
Anne Mcnamara  
Gail Mercer  
Anne Millyard  
Jim Mitchell  
Dave Moffat  
Joseph More  
Keith Mosher  
James Moyer  
Jamal Mubarak  
Karen Mueller  
Felix Munger  
Kenneth Murray  
Royston Murray  
Linda Newman

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Suzanne Newton  
Alan Tai-yu Ngai  
Sarah Niedoba  
Judy North  
Malcolm Nourse  
Anna & Trevor Oddell  
Jennifer Otter  
Robert Palmer  
Tom Parkins  
Betty Phillips  
Ethan Phillips  
Donald Pickett  
Polstar Group  
Walter Posiewko  
Frances Preston  
John Price  
Marjorie Rae  
Mike Rate  
Pamela Rawling  
Joe Regier  
The Renascent Access Centre  
Donald Revell  
Paul Richardson  
Kevin Riches  
Estelle Richmond  
Richard Riemer  
Mrs. Robazza  
Jon Rosenthal  
David Ross  
Patrick Ryan  
Harbhajan Sandhu  
Juliana Saxton  
Shannon Scala  
Joseph Seymond  
Ramesh Shahani  
Judith Sherk

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Ariel Shneer  
Steven Shneer  
Diane Simard-Broadfoot  
Jean Simpson  
Joseph Skapura  
Taylor Skelhorne  
Todd Sloan  
Alison Smiley  
Marian Smith  
Avishai Soudack  
Paul Spears  
Liz Sabo  
Paul St. Onge  
John Stacey  
Nick Stanoulis  
Pauline Steel  
Ray Stein  
David Sutherland  
Valerie Swaisland  
Eva Swenson  
Joel Tabbert  
Peter Tarshis  
Vasili Tatarinov  
Donna Taylor  
Norman Taylor  
John & Karen Templin  
Piotr Teper  
Frank Terzo  
Jason Tong  
Ruby Tonno  
Total Renovations  
TSN The Sports Network  
Edwin Valenzuela  
Rick Vandenberg  
Bruce Varcoe  
Janette Veinot

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Ventura Plastics Peterborough  
Tony Viner  
Kathryn Walker  
Suzette Walters  
William Watson  
Watters Marketing  
Ellen Webster  
Norma Wells  
Denise Wellwood  
Nancy West  
Randee White  
Norma Williams  
David Willows  
Robert Wiseman  
Gordon Yazer  
Mark Young  
Dr. Trevor Young  
Eric Zavershnik  
Norma Zelina  
Hui Jun Zhou



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# 5

## Financials

### Renascent Fellowship

Condensed Summary of Revenue and Expenditures for the year ended March 31, 2015

<b>Operating revenue</b>	<b>(\$)</b>	<b>(%)</b>
Toronto Central LHIN	2,579,723	54
Toronto Central LHIN - one time operating grant	183,700	4
Renascent Foundation service provision fee	1,198,284	25
Renascent Foundation grant - operating	826,750	17
Other	2,238	0
<b>Total revenue</b>	<b>4,790,695</b>	<b>100%</b>

### Operating expenses

Men's residential, outpatient and continuing care treatment	3,050,714	64
Women's residential, outpatient and continuing care treatment	1,188,268	25
Family program	440,486	9
Alumni services	111,228	2
<b>Total expenses</b>	<b>4,790,695</b>	<b>100%</b>

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**61**

Renascent staff

**56**

Program staff

**5**

Foundation staff

**38**

volunteers gave more than 9,000 hours

**34**

cents on the dollar placed Renascent within CRA guidelines for fundraising costs

**100%**

of staff gave to the Renascent Foundation

For the second year in a row, board member Judy Wells matched year-end donations, dollar for dollar up to \$25,000

The Renascent Foundation facilitated critical accessibility upgrades at its men's centre in Toronto thanks to funding provided by the Ontario Trillium Foundation

## Renascent Foundation

Condensed Summary of Revenue and Expenditures for the year ended March 31, 2015

### Where the money came from

	(\$)	(%)
Client service program fees	1,545,317	47
Philanthropy	1,075,193	33
Rental income	642,959	20
<b>Total</b>	<b>3,263,469</b>	<b>100%</b>

### Where the money was used

Service fees to Renascent Fellowship	1,198,284	32
Grant to Renascent Fellowship	826,750	22
Property expenses, insurance, bank charges	544,584	14
Fundraising costs	368,305	9
Client service program administration	515,911	14
General administration	346,505	9
<b>Total</b>	<b>3,800,339</b>	<b>100%</b>

**Foundation revenue over expenses** **\$(536,870)**

Copies of the complete audited statements can be obtained by contacting the Renascent Foundation at 416-847-6444. The audit was conducted by Clarkson Rouble LLP.

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# 6

## Board Leadership

### Renasant Foundation Board Members

Kenneth Drabble  
Rob Johnson  
Seth Mandell  
Patrick Mars  
John Mraz  
Sanford Shessel  
Sari Sairanen  
Elisabeth Stroback  
Aldo Udovicic  
Kathie Viner  
Doug Wall  
Judy Wells

### Renasant Fellowship Board Members

Peter Armstrong  
Doug Bourassa  
Rick Jatiouk  
Rob Johnson  
Steve Kruspe  
Janice Kussner  
Jo Ellen Logan  
Doug Wall  
Patrick Wilson



## Acknowledgements

**Renasant thanks Anne, Evie, Irene and Roger for allowing us to celebrate their journeys.**

Caley Tessier, [Graphic Design](#)  
William Suarez, [Photography](#)  
Harrison Curtis, [Photography](#)  
Caroline Lock, [Interview](#)  
Fardous Hosseiny, [Stats](#)  
Christine Sanger, [Proofing](#)  
Joanne Steel, [Project Lead](#)



**Guardian Angels ensure that \$1,400 is never a barrier to recovery —it represents the gap between what we get from the Province and what it costs to deliver treatment. Guardian Angel donors directly sponsor access for one person whereas many donors working together can achieve the same goal. Thanks to all our angels, big and small, for being guardians of recovery.**







**Renascent**

*The road to recovery starts here.*

[renascent.ca/2015AR](http://renascent.ca/2015AR)