

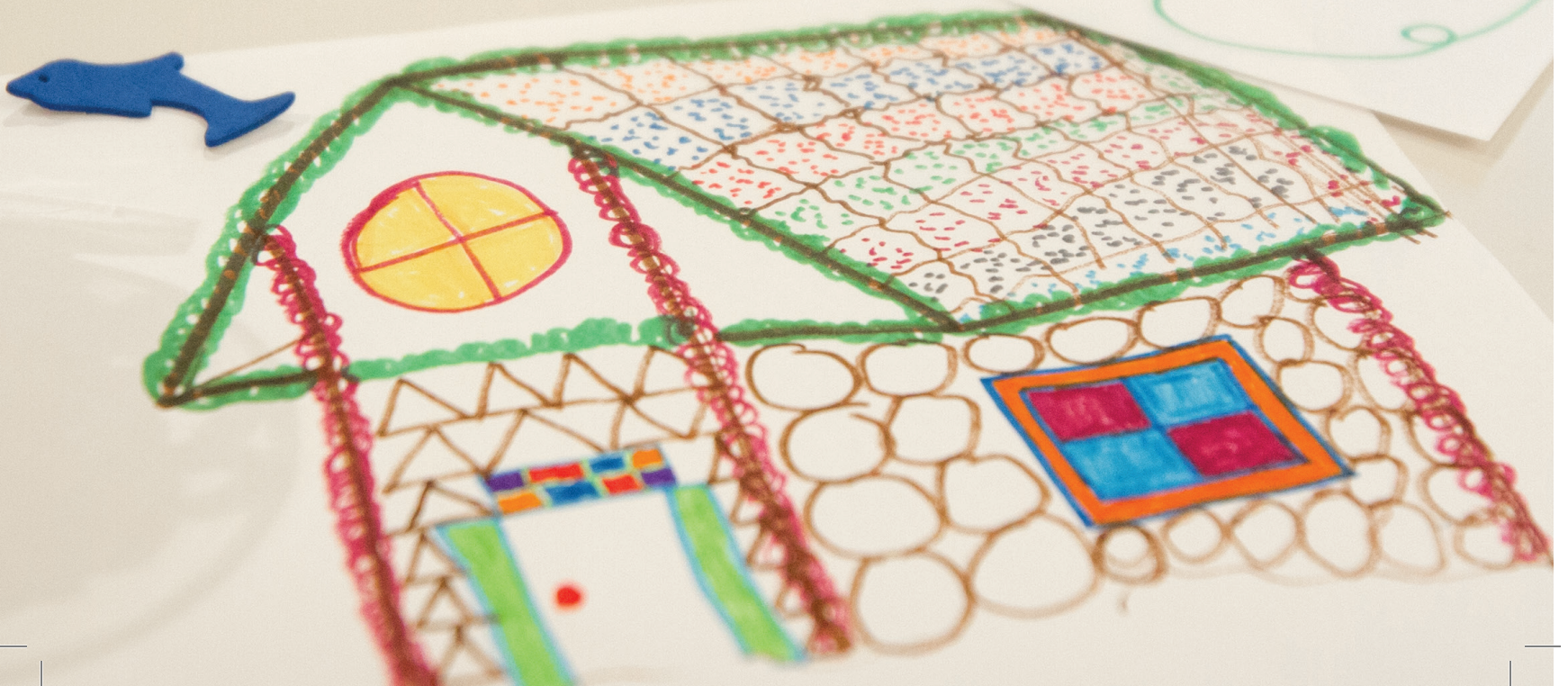
BECAUSE OF YOU

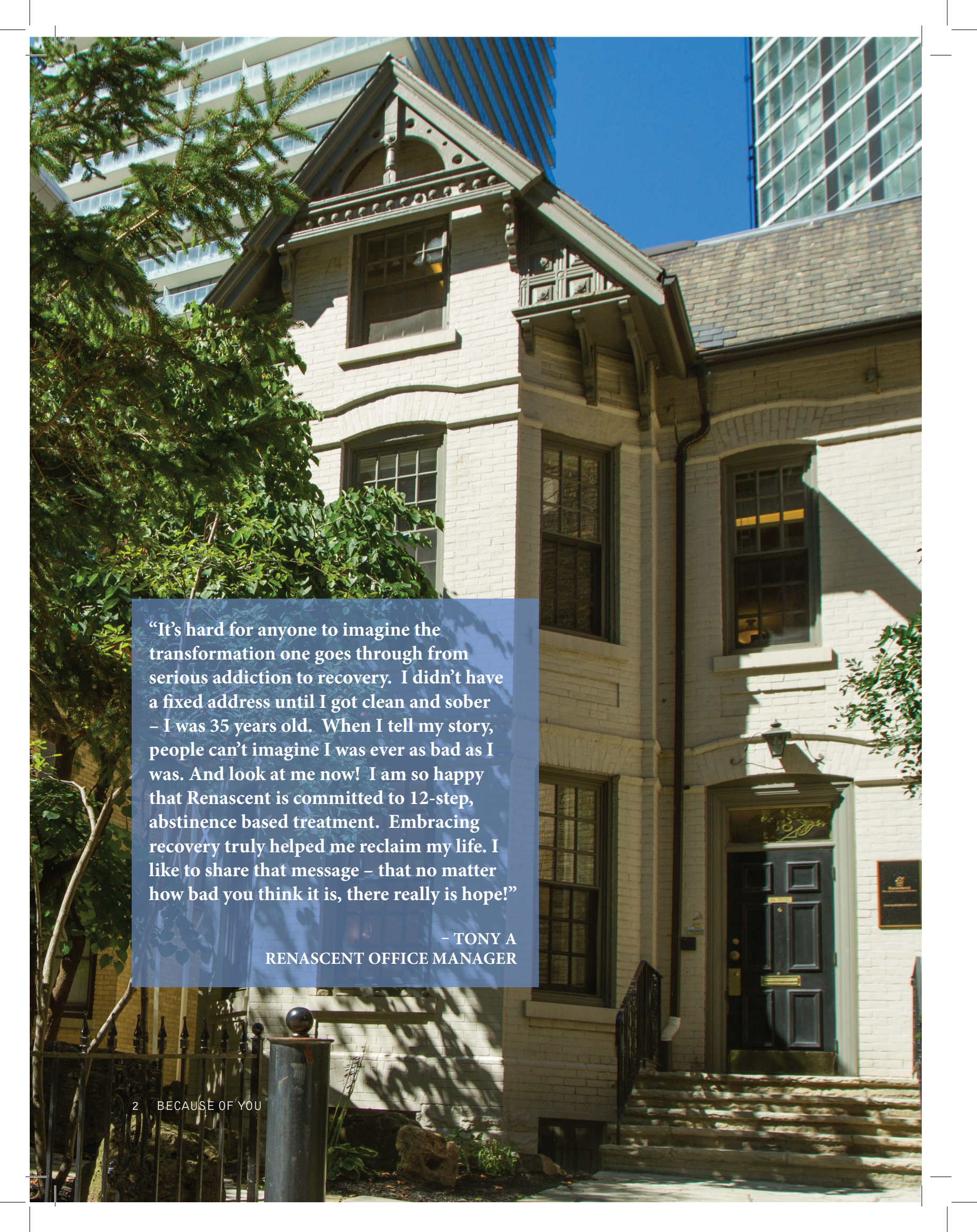
2013 - 14 ANNUAL REPORT



Renascent

The road to recovery starts here.





“It’s hard for anyone to imagine the transformation one goes through from serious addiction to recovery. I didn’t have a fixed address until I got clean and sober – I was 35 years old. When I tell my story, people can’t imagine I was ever as bad as I was. And look at me now! I am so happy that Renascent is committed to 12-step, abstinence based treatment. Embracing recovery truly helped me reclaim my life. I like to share that message – that no matter how bad you think it is, there really is hope!”

– TONY A
RENASCENT OFFICE MANAGER

LETTER FROM THE CEO AND PRESIDENT

Because of you, miracles happen every day at Renascent!

Those of you who know us best know what we mean when we talk about the “magic” of Renascent. When you walk through the welcoming doors of our treatment homes, it doesn’t take long to see, hear, and feel that magic. Over the years, that magic has helped more than 45,000 people begin their recovery journey.

In 2013-2014, because of you, Renascent was able to directly help 1,296 individuals, children, parents and family members start on their own road to recovery. Because of you, we were also able to provide education, training, and outreach services to an additional 5,000 adults, children, family members, teachers, health care providers, police, and other first responders.

Thank you for helping us spread the magic!

While the magic of Renascent is so evident, it’s hard to describe in words or capture on paper. This year, we’re so proud to share that the magic of Renascent was seen, heard, and felt by the Canadian Centre for Accreditation and Renascent became the first addiction treatment provider in the Toronto Central LHIN to receive full Accreditation. With our steadfast commitment to providing abstinence-based treatment and integrating 12-step facilitation therapy with best practices in addictions, we are providing hope and help to individuals, children, families, and workplaces across Canada.

Some have described Renascent as the best kept secret in Canada. With your help, we want to change that! We’re going to be shouting from the mountaintops so that every single Canadian in need can benefit from the magic of Renascent. We hope you’ll join us as we spread the word and continue to help deserving Canadians struggling with the disease of alcoholism and drug addiction to embrace the miracle of recovery.

With heartfelt thanks and gratitude for your continuing support in 2013-2014,



Dr. Patrick Smith
Chief Executive Officer,
Renascent



Rob Johnson
President and Chair,
Renascent Fellowship Board
Renascent Foundation Board

BEN'S STORY

NEVER TOO YOUNG

Ben seemed like any other happy kid until the age of eight when his parents divorced. His father suffered from mental health and addiction issues. Ben didn't understand what was going on but for the next few years he slowly isolated himself from his mother and friends. His grades at school started to slip. He couldn't verbalize what he felt, but he knew that he didn't feel good about himself or his situation.

Ben's mother enrolled him into Renascent's Children's Program when he was twelve years old and he immediately started to feel a change from within. He learned that he didn't cause his father's addiction, nor could he control it. Renascent counsellors also encouraged him to be open and communicate his feelings and to stay on track. They taught Ben to focus on his own life. He also learned that whenever his dad relapsed he was to allow it to run its course.

Today, Ben continues to go to alumni meetings where he talks to other kids who feel like he once did. He finds value in having other children open themselves up to him and to pass on what he was taught. He continues to volunteer for Children's Program events and to share his valuable experience to those who need it.



honestly scares me and it don't want anything
to happen to my dog this night can't hold it
I wish you would go away out in a
hall and die! You did not let me drink and I
wasn't let on the page and that was a mistake
SO JUST DIE!
Richard E.







KAREN'S STORY

ON COURSE FOR CHANGE

Karen remembers how drugs and alcohol stopped working for her in the last few years of her ten year run. Having tried and failed to get clean and sober for two years, Karen's consequences started to pile up – unemployment, black-outs, waking up in strange circumstances. She had marital problems. She nearly died of an overdose and yet the compulsion to drink and use beckoned her. It was an endless cycle of pain, using, and relentless remorse.

She then went to a meeting and ran into a woman she knew from detox. The woman was now sober and looking fantastic. She learned that her friend had gone to Renascent and had a brand new life. So with nothing to lose, Karen walked into Renascent's Munro House in July 2012 and found herself surrounded by an instantaneous sense of safety. With women from different walks of life, she no longer felt alone. She felt connected. Not judged. Renascent gave her the tools she needed to not only deal with her illness, but to deal with life in general. She was taught about self-care and boundaries. She had seen the transformation in others.

Karen got a sponsor and worked the 12-steps. She now has sponsees of her own. She reconciled with her husband and went back to school. She is studying to be an addiction counsellor and is looking into starting a business with someone else also in the addictions field. She is also pursuing photography and numerous other correspondence courses. Her life has transformed and she is passing onto others what Renascent passed onto her.

DAN'S STORY

REBEL WITH A CAUSE

With a large family and circle of adventurous friends, alcohol-centered social events were the norm in Dan's life and he found himself picking up the drink quickly as a youngster. By the time Dan was nineteen years old, he had already been in one failed marriage and was showing progressive signs of alcoholism. His life continued to drift downward for a further twenty-eight years, with troubles at work and his personal life spiralling out of control, before Dan sought help.

Stepping into Renascent's then Bayview Men's house was a frightening but powerful moment in Dan's life. As a rebel opposed to authority, Dan learned to work with the counsellors in a collaborative manner and found himself being teachable and reachable after some initial hesitation. He took to the men who guided and mentored him there, as they had been in his position before. He embraced the brotherhood presented to him. He felt his willingness grow as he learned to open up and identify more with others. Renascent kick-started his recovery and taught him that to keep it, he was to give it away.

Giving back to the community is what Dan has done in the thirty-two years since leaving Renascent. During that time, he's gone back to school, achieved a counselling certificate and diploma, and eventually acquired a BSc degree in Psychology. Thanks to Renascent, Dan is able to give back freely what was given to him and has found a deep centre within him that allows him to share of himself.

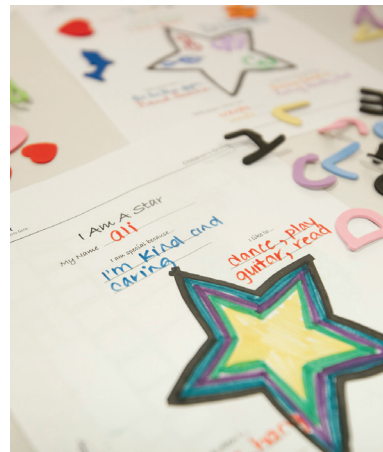


NEWS & HIGHLIGHTS

RENASCENT CHILDREN'S PROGRAM

(As featured on the Annual Report cover)

In 2013-2014, 47 children and caregivers were provided with the self-care and problem solving skills necessary to break free from the impacts of addiction. Last year, Renascent began working with Dr. Kelly McShane and her students from Ryerson University to evaluate and improve the quality of our treatment for the whole family. This year, we were pleased to welcome back some of our founding participants who volunteered their time to help others through the program - the only one of its kind in Canada.



ACCREDITATION

In 2013-2014, Renascent continued to take the necessary steps to prepare for the accreditation process and opened its doors to external surveyors at the end of May. Since then, Renascent is proud to announce that we have been granted full Accreditation by the Canadian Centre for Accreditation. During the surveyors visit, they commented that they truly felt "the magic" of Renascent. Congratulations to everyone involved in the Accreditation process.



SCOTIABANK TORONTO WATERFRONT MARATHON

Every year staff and friends of Renascent participate in Scotiabank's Toronto Waterfront Marathon as one of their official registered charities. On October 20th, 2013, over 16 people made their 5k walk more meaningful by joining us as we raised awareness and funds to support Renascent Foundation and stand against the stigma associated with addiction. We are proud of this year's participants as they went the distance to raise a total of \$22,481 while enhancing addiction awareness and treatment within the Toronto community.



THE JUDY WELLS MATCHING CAMPAIGN

In 2013, Judy Wells, active board member, Chair of the Fundraising Committee, and this year's recipient of the first-ever Ed and Bobby Yielding Guardian Angel Award kindly pledged to match each dollar, up to \$25,000, that was donated during the Holiday season. Thanks to The Judy Wells Matching Campaign, a total of \$78,705 was raised in support of Renascent. That's over 50 Guardian Angels!

"Renascent's commitment to 12-step abstinence based treatment, its professionalism, and its success rate are all reasons that I remain committed to Renascent"

– Judy Wells



STAFF CAMPAIGN

This year's annual staff giving campaign, the Renascent Olympics, was followed by a two-week fundraising effort where each of the houses participated in activities and theme days to raise money for addiction recovery. In total, Renascent staff raised over \$7,800 in cash and pledged to donate an additional \$25,000 in payroll deductions.



RECOVERY SHOT

Thank you to our founding sponsors, UNIFOR Canada (formerly CAW) and The Ford Motor Company, and all those who participated in this year's 19th Annual Recovery Shot Golf Tournament. With the weather on our side, staff, volunteers, and participants came together to play a friendly round of golf at Angus Glen Golf Club. Because of you, each and every one of the 166 participants, sponsors, and volunteers, Renascent was able to raise an incredible \$241,054 for treatment and recovery.

RECOVERY SHOT
GOLF
TOURNAMENT



NEWS & HIGHLIGHTS

PETER ARMSTRONG AWARDS


The Peter Armstrong Community Awards of Excellence honours Peter Armstrong's years of service to Renascent as President and Chair, as well as director of the Board. The awards are presented annually at our Guardian Angel luncheon to recognize those who made inspiring contributions to enhancing addiction awareness and treatment. Congratulations to Dr. Kelly McShane and Hamish White, our 2014 award recipients.



INAUGURAL ED AND BOBBY YIELDING GUARDIAN ANGEL AWARD

Renascent is pleased to present the inaugural Ed and Bobby Yielding Guardian Angel Award. This prestigious award was created to recognize a Guardian Angel who shares the same passion that the Yieldings demonstrated throughout their years as staff, Board member, and friends of Renascent. We are proud to present the first ever award to Judy Wells for her dedication to Renascent as a longstanding Board member, Chair of the Fundraising Committee, and her admirable commitment to the recovery community.

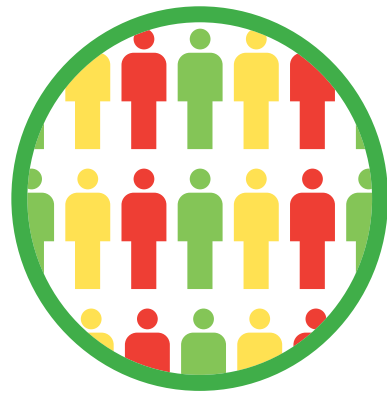




“There is a genuine spirit at Renascent - from the maintenance crew to the counsellors to the board members. The quality of care, both during residential stay and continuing care, is incredible. I am a Renascent alumni and my 12-step responsibility pledge is working at Renascent. As a volunteer in the office, I am grateful to have the opportunity to serve.”

– SUSAN M
MUNRO 2010

BY THE NUMBERS



1,296

**PEOPLE RECEIVED
HELP AT RENASCENT**



1,030

**PEOPLE ADMITTED TO
RESIDENTIAL TREATMENT**

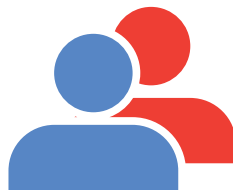


186

ESSENTIAL FAMILY CARE

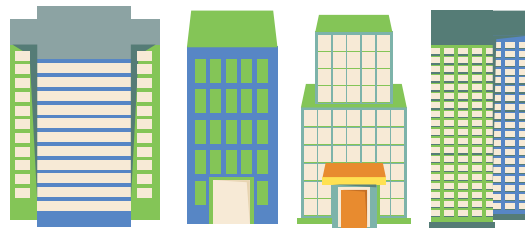
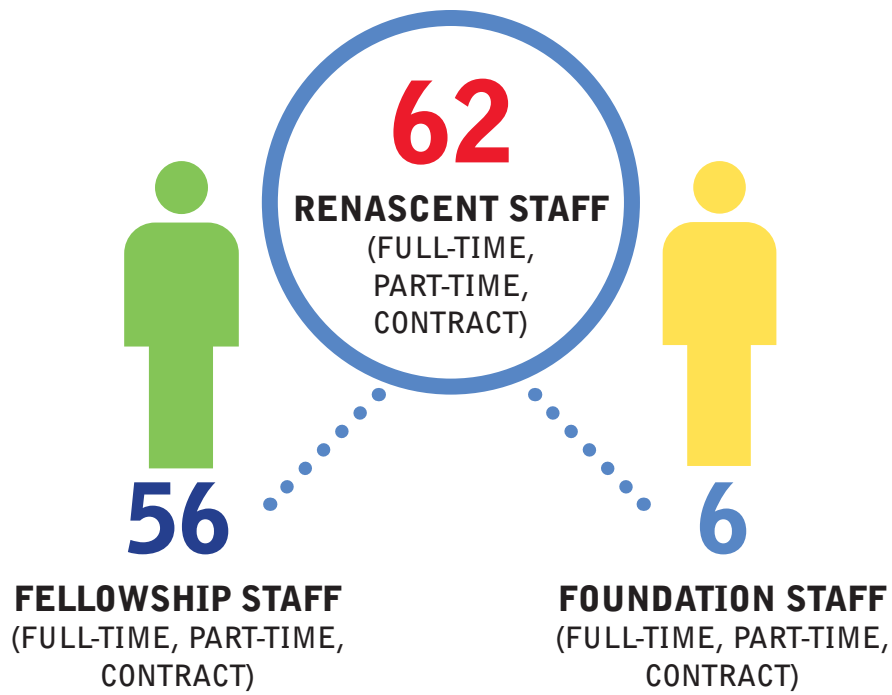
47

**PEOPLE ENROLLED IN
CHILDRENS' PROGRAM
(INCLUDING CAREGIVERS)**



33

**PEOPLE PARTICIPATED IN
ONE ON ONE COUNSELLING**



24
 NUMBER OF COMPANIES WHO
 SENT EMPLOYEES TO US



**RAISED THANKS TO
 DONORS LIKE YOU**



THANK YOU TO OUR 2013-14 DONORS

YOU ARE RESPONSIBLE FOR THE AMAZING THINGS HAPPENING AT RENASCENT.
WE ARE IMMENSELY GRATEFUL FOR YOUR SUPPORT AND PARTNERSHIP
IN OUR WORK, THANK YOU.

\$10,000+

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\$5,000 - \$9,999

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\$500 - \$999

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FINANCIALS

RENASCENT FELLOWSHIP

CONDENSED SUMMARY OF REVENUE AND EXPENDITURES FOR THE YEAR ENDED MARCH 31, 2014

	(\$)	(%)
Operating revenue		
Toronto Central LHIN	2,579,723	53%
Toronto Central LHIN - one time operating grant	191,224	4%
Renascent Foundation Service Provision Fee	1,226,544	25%
Renascent Foundation Grant - Operating	645,757	13%
Renascent Foundation Grant - Family Focus Campaign	175,855	4%
Other	14,653	0%
Total Revenue	4,833,756	100%
Operating expenses		
Men's Residential, Outpatient and Continuing Care Treatment	2,883,027	60%
Women's Residential, Outpatient and Continuing Care Treatment	1,368,195	28%
Family Program	421,997	9%
Alumni Services	160,538	3%
Total Expenses	4,833,756	100%

RENASCENT FOUNDATION

CONDENSED SUMMARY OF REVENUE AND EXPENDITURES FOR THE YEAR ENDED MARCH 31, 2014

Where the money came from		
Client Service Program Fees	1,502,823	44%
Philanthropy (incl Family Focus Campaign)	1,023,501	30%
Capital Grants	236,000	7%
Rental Income	642,959	19%
Total	3,405,283	100%
Where the money was used		
Service Fees to Renascent Fellowship	1,226,544	33%
Grants to Renascent Fellowship	821,612	22%
Property Expenses, Insurance, Bank charges	376,308	10%
Fundraising Costs	463,013	12%
Client Service Program Administration	414,862	11%
General Administration	403,046	11%
Total	3,705,385	100%
Foundation revenue over expenses:	<u>\$(300,102)</u>	

Copies of the complete audited financial statements can be obtained by visiting www.renascent.ca. The audit was conducted by Clarkson Rouble LLP.

LEADERSHIP AND ACKNOWLEDGEMENTS



Current Senior Management: Left to right, Dennis James, Director of Programs; Rene Joergenson, Director of Development and Communications; Marjorie Benavides, Director of Finance and Administration; Dr. Patrick Smith, Chief Executive Officer; Anthony Rausch, Director of Corporate Partnerships and Development.

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Seth Mandell
Patrick Mars
John Matheson
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Steve Kruspe
Janice Kussner
Ellen Logan
Doug Wall
Patrick Wilson

ACKNOWLEDGEMENTS

Renascent would like to thank everyone who allowed us to share their deeply personal and inspiring recovery stories and our staff, clients, and friends who helped us make our reflection back on 2013-2014.

William Suarez, Photography
williamsuarez.ca

Rubine Red Inc., Design
rubinered.ca

Lauren Muir, Project Lead
Emily Campbell, Writer
Paul Silva, Writer

We thank **The Printing House** for generously donating the printing of our annual report.





Renasant

The road to recovery starts here.

Renasant

38 Isabella Street, Toronto, ON M4Y 1N1

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